

# REPORT 24

## Trusting the Narrative: Vaccine Doctor Takes Responsibility and Apologizes



Screenshot: MWGFD

**In an interview with the MWGFD (Physicians and Scientists for Health, Freedom and Democracy), a doctor describes her journey from physician to patient: For a long time, she trusted the official COVID-19 narrative and the measures taken – including the vaccinations. She even worked in vaccination centers, recommending and administering gene therapies. Then doubts arose. Her own health deteriorated significantly as a result of the COVID-19 vaccinations. In the interview, she takes responsibility and apologizes.**

The following article by author Elisabeth Maria is a copy from the association [MWGFD](#):

**The physician Bettina Komm speaks softly and with intense concentration—sometimes struggling for words, sometimes fighting back tears. Her story is that of a woman who, as a doctor, trusted the public narrative, became seriously ill herself, and now feels deep regret. And it is the story of a person who—in her search for healing—carries a cautious hope within her. Bettina Komm has vaccinated and has been vaccinated—and she wants to speak openly about it:**

**"My aim is to talk here about the illness and also about the topic of vaccination, because I myself have been vaccinated, have suffered vaccine injuries, am personally affected, and have also vaccinated myself."**



The film is in German. [English subtitles are available.](#)

## **Trust in the official narrative**

Bettina Komm, a licensed surgeon since 2016, describes her journey over the past few years in a quiet voice. The sentences of this delicate, seemingly fragile woman are repeatedly interrupted by pauses, tears, and a struggle to find the right words. For she had to end her medical practice at the end of 2019: "Because I myself became ill."

From this illness, characterized by symptoms she retrospectively categorizes as COVID symptoms, a complex ordeal unfolded, fundamentally changing her life. Initially, she suffered from complete exhaustion, weakness, joint pain, and light sensitivity until—"I saw it as a blessing at the time—finally someone knew what I had"—she was diagnosed with cancer. After two surgeries and a stay in rehabilitation, she tried to find her way back to life. But then, at the beginning of 2020, the coronavirus "pandemic" overshadowed her daily life. Driven by her health, uncertainty, and worry, she sought guidance from official sources and recommended measures. She watched the Tagesschau (Germany's main evening news program) every evening to stay informed, she tells Johannes Clasen. She also regularly listened to Professor Drosten's podcast. She trusted him, the specialist from Charité Hospital. She saw him as a "competent scientist" who cited studies.

"I was confident that it was all sound and reliable."

Trust in the official line and the feeling of being a role model in her community consistently determined her behavior. Bettina Komm had no doubts and conscientiously tried to implement everything recommended by conventional medicine and politicians.

## **Vaccination – personal experience and professional practice**

When the vaccines became available, she received her first AstraZeneca vaccination in February 2021. She was happy about it, seeing the vaccination as the "way out" of the lockdown. But the physical reactions after the first dose were severe:

"This vaccination simply knocked me out for two weeks."

She felt "absolutely terrible." Nevertheless, she got vaccinated a second time, consciously choosing AstraZeneca again based on the available studies. The physical problems persisted:

"It was just as bad; I had these terrible side effects immediately after the vaccination."

Later, after AstraZeneca had already been withdrawn from the market, she got vaccinated a third time—this time with BioNTech. Her physical condition gradually deteriorated.

“My lymphedema worsened after every vaccination; I had it from the surgery, and it deteriorated after each vaccination, as did my overall health.”

The physical consequences persist to this day—and are having a devastating impact on her: “Catastrophic,” she says through tears.

Until her physical collapse, she worked, convinced of the importance of what she was doing, alongside her part-time job as a doctor from home, one to two days a week at vaccination centers in Berlin. She enjoyed this work, she says, as she still saw vaccination as a necessary way out of the lockdown. Moreover, the pay was attractive. Since her physical condition limited her working hours, the work at the vaccination center was a good way to “put a little more money in the bank.” Looking back, she grapples with the responsibility for the people she recommended the vaccination to and vaccinated herself:

“I feel great regret, and I am very, very sorry that I couldn’t have acted differently back then.”

And she clearly states her message today to those "whom I vaccinated... whom I told to get vaccinated."

"I wouldn't recommend it today."

## **The consequences: a life with ME/CFS and extreme experiences**

Bettina Komm's daily life is now dominated by the symptoms of severe ME/CFS (myalgic encephalomyelitis/chronic fatigue syndrome), further exacerbated by reactivations of the cytomegalovirus and Epstein-Barr virus. She wakes up in the morning already in pain and with a feeling of physical heaviness. Everything has to be done very slowly and calmly.

"Getting up, making coffee, going to the bathroom—that requires absolute peace and quiet, [...] nothing from the outside can stress me out in any way."

As a result, she is no longer able to work. She can also no longer pursue her former hobby, hunting. Since she cannot manage the journey to the hunting grounds alone, she

"no longer goes to the forest alone. [...] If someone drives me, I'm there for maybe half an hour, and then I have to go back, and then the day is practically over."

Financial and bureaucratic hurdles further aggravate her situation. Until recently, she received a disability pension because experts had "raised a psychological suspicion and... given me a year to become more cheerful again." She says bitterly that she apparently succeeded, as she has now been assessed as healthy. Thus, she is currently seriously ill and without income, while her appeal is still pending.

Her profound despair over her health and the pronouncements of conventional medicine that she would "just have to live with it," that it would "always be like this [...] or worse," led her to deep existential questions "two or three years ago." She grappled with death and dying.

"To the point that I joined an assisted dying organization because I genuinely asked myself, do I want to continue living like this?"

The answer was: "Maybe not."

This profound experience was not just a low point for her, but a catalyst for change, a catalyst for her decision to live:

"That was, I would say, the turning point... because suddenly a door opened."

**"Just because conventional medicine sees it that way doesn't mean it has to be true."**

This turning point brought with it a changed perspective:

"I somehow received additional information from the outside that just because conventional medicine sees it that way, it doesn't have to be true."

She found doctors who gave her hope, who assured her that five years was no time for a cure. So she began searching for alternatives and today explores alternative methods – bioresonance, nature, personal development, and consciousness work. She describes a process of trying and discovering:

"I followed every step where I thought, yes, that could help."

Today she is convinced:

"There is definitely a way out. My task right now is to find it. I'm certain of that now. ... I just have to find it."

## **Responsibility and balance sheet**

Bettina Komm wants to tell her story – publicly and honestly. She wants to educate, warn, and take responsibility. The awareness that she administered this injection to other people, even pressured her own children to get vaccinated, saddens her. She critically assesses her personal experience:

"Shortly before my third vaccination, I got the feeling we were buying ourselves a lot of side effects."

Her response was:

"I stopped getting vaccinated, and after the third one, I decided – that's enough. [...] I won't get vaccinated again."

Bettina Komm's path is ambivalent: It is the path of a physician who trusted the official narrative, a patient whose body and life have been severely impacted by illness, a mother and doctor who made decisions – and takes responsibility for them.

In the conversation, she doesn't just talk about medical data and diagnoses. She speaks about her experiences, her fears, her convictions, her exhaustion, her realization, her shame, her regret, and also about her cautious return to hope and personal responsibility. She was convinced she was doing the right thing and had to acknowledge her error. The weight and honesty of this insight are what prompted her to make it public in this conversation: an open "I was vaccinated" and a "I'm sorry," coupled with the expression of her desire to continue searching for and finding her own healing story. Because Bettina Komm hasn't given up. Despite illness, shame, and regret, she continues to fight for healing, for understanding, and for life.