



## Genetic Roulette: When the human body becomes a bioreactor

May 20, 2026 by [Dr. Peter F. Mayer](#) 3.8 minute read

**The next generation of mRNA vaccines and DNA therapies is the most dangerous biological experiment in human history.**

The medicine of the future is being sold to us as "precision medicine." However, behind terms like personalized mRNA vaccines, self-amplifying RNA (saRNA), or programmed lipid nanoparticles lies a biological experiment of unprecedented scale. As [John A. Catanzaro and Dr. Peter A. McCullough warn in a recent analysis](#), we are taking a risk whose long-term consequences for our entire genome, our mitochondria, and our immune system are not even remotely understood.

The core message is alarming and scientifically sound: Human cells are not designed to live with persistent synthetic genetic instructions on a large scale. Personalized mRNA vaccines, self-amplifying RNA (saRNA), DNA therapies, programmable lipid nanoparticles, and AI-generated nucleotide constructs are transforming the human body into a biological factory – with completely unforeseeable long-term consequences for the genome, mitochondria, transcriptome, and immune system.

### **The fundamental danger: Cellular “hijacking”**

The crucial difference between traditional drugs and these new genetic platforms lies in their mechanism of action. Conventional drugs interact—albeit often imprecisely—temporarily

with receptors. mRNA, saRNA, and DNA systems, on the other hand, intervene directly in the cell's operating system. They transform the human body into a production facility for synthetic proteins.

Catanzaro strongly warns of the systemic consequences of these genetic instructions:

- **Ribosome hijacking:** The cellular machinery is hijacked to carry out foreign instructions.
- **Mitochondrial overload:** The cell's power plants are driven to the brink of collapse by the constant production of synthetic proteins.
- **Chronic immune activation:** The body is in a permanent state of inflammation.

The risk escalates when these systems are "personalized," repeatedly administered, or, as in the case of **saRNA**, designed to replicate within the cell itself. The body then becomes a sustained RNA bioreactor—a condition for which our biological architecture was never designed.

The situation becomes even more dangerous with "personalized" vaccines. The term sounds precise and safe – in reality, it dramatically increases biological unpredictability because the individual HLA structure, mitochondrial vulnerabilities, immune tolerances, and cancer suppression mechanisms of each person cannot be adequately taken into account.

### **Long-term consequences: A blind flight into the unknown**

The biggest shortcoming of the current biotech strategy is the lack of any long-term data. There is:

- No multigenerational safety studies.
- No lifelong monitoring for carcinogenicity.
- No comprehensive mapping of genomic instability.

DNA therapies, in particular, pose risks such as insertional mutagenesis or irreversible epigenetic disorders. When billions of cells are systemically flooded with synthetic genetic material, even "rare" events are statistically only a matter of time. The consequences could range from cancer and stem cell damage to degenerative tissue processes and premature aging.

Catanzaro and McCullough clarify: There is a fundamental difference between supporting biology and reprogramming biology. The safe alternative lies not in genetic rewriting, but in molecular monitoring and precision peptide engineering – that is, in the targeted support of natural signaling pathways without transforming cells into synthetic protein factories.

The authors emphasize that long-term data on multigenerational safety, carcinogenicity, mitochondrial stress, and genomic stability are completely lacking. Nevertheless, the technology is being pursued with great urgency. "Human Biology Is Not Software"—human biology is not program code that can be arbitrarily rewritten.

### **Precision instead of reprogramming**

Catanzaro contrasts these genetic experiments with a different model: **molecular surveillance and peptide engineering** . Instead of forcibly inducing cells to produce foreign proteins through genetic instructions, this approach focuses on the signaling level.

The goal here is not to "hijack" the cell, but **to stabilize it biologically** . By mapping instabilities and specifically supporting the body's own repair mechanisms, natural homeostasis is to be restored without permanently altering the nuclear genome or misusing it as a bioreactor for synthetic constructs.

Optimizing for "higher expression" and "longer persistence," currently fashionable in AI-driven genetic therapies, confuses technological efficiency with biological harmony. There is a fundamental difference between supporting biology and radically rewriting it. This distinction, warns the McCullough Foundation, will determine the stability of our health in the coming decades. We are not just playing with drugs here—we are playing with the biological foundation of human beings.